

Exercise Physiology

**NO NEED
TO WAIT!**

Visit one of our offices
or we can come to you.

One week
max wait period.

Our experienced Exercise Physiologists are ESSA accredited and registered, and are able to create exercise programs for people with health conditions and disabilities in order to help improve function, reduce pain, prevent future health issues/incapacity, and improve overall health, functioning and quality of life. We also have experience working with individuals with complex behaviours.

These services can be funded by the NDIS, Employment/Disability Services Providers, My Aged Care, and privately.

The NDIS Support Categories that may cover these services includes:



- Improved Daily Living
- Improved Health and Wellbeing

Services Include:

- 🌀 Exercise Program Development
- 🌀 Exercise Prescription
- 🌀 Advice and education on lifestyle modification to improve health status

"I didn't realise that this service could make such a difference in my life, thank you!"



Services that work

orsgroup.com.au | 1800 000 677